# ILLNESS

#### DISCUSSION QUESTIONS



## **A2**

- 1. What do you do when you feel sick?
- 2. How do you tell someone you're not feeling well?
- 3. What are common illnesses during winter?
- 4. Can you name some medicines you know?
- 5. How do you take care of someone who is ill?
- 6. What should you eat when you are sick?
- 7. How do you say "doctor" and "hospital" in your language?
- 8. What do you do to stay healthy?
- 9. How often should you wash your hands?
- 10. What is a home remedy you know?
- 11. How do you make a doctor's appointment?
- 12. What are symptoms of a cold?
- 13. How do you feel when you get a shot?
- 14. What should you do if you have a fever?
- 15. Why is sleep important when you're sick?
- 16. What do you wear when it's cold outside?
- 17. How do you tell someone you have a headache?
- 18. What exercises are good for health?
- 19. Can you name some fruits and vegetables that are healthy?
- 20. What do you do if you can't sleep?

## **B**1

- 1. How does healthcare work in your country?
- 2. Should healthcare be free? Why or why not?
- 3. What are the benefits of regular exercise?
- 4. How can stress affect your health?
- 5. What are some ways to prevent illness?
- 6. How do you feel about going to the dentist?
- 7. What's the difference between a cold and the flu?
- 8. Should people go to work when they are sick?
- 9. How can a balanced diet improve health?
- 10. What are the dangers of self-medication?
- 11. How do vaccines work?
- 12. What is mental health and why is it important?
- 13. Discuss traditional vs modern medicine.
- 14. How do allergies affect people?
- 15. What are the effects of pollution on health?
- 16. How do you take care of your mental health?
- 17. What should you do in an emergency?
- 18. How does sleep affect health?
- 19. What is a health insurance and how does it work?
- 20. How do people with disabilities receive care in your country?

#### **B2**

- 1. Discuss the impact of healthcare policies on society.
- 2. How does lifestyle influence health?
- 3. Analyze the importance of public health campaigns.
- 4. What are the ethical issues in medical research?
- 5. How does aging affect health?
- 6. Discuss the role of technology in healthcare.
- 7. What is the global impact of pandemics?
- 8. How can societies address mental health issues?
- 9. What are the challenges of healthcare accessibility?
- 10. Debate on the use of alternative medicine.
- 11. Discuss the social implications of chronic illnesses.
- 12. How do cultural beliefs affect healthcare practices?
- 13. Should genetic testing be available to everyone?
- 14. Analyze the healthcare system in your country.
- 15. What is the impact of diet on health?
- 16. How do environmental factors contribute to illness?
- 17. What is the role of education in promoting health?
- 18. Discuss the pros and cons of health supplements.
- 19. How do socio-economic factors influence health?
- 20. What are the future trends in healthcare?

## C<sub>1</sub>

- 1. Critically analyze the concept of universal healthcare.
- 2. Evaluate the effectiveness of global health initiatives.
- 3. Discuss the ethics of organ donation and transplantation.
- 4. How do pandemics change societies?
- 5. Analyze the relationship between health and economy.
- 6. What are the challenges of medical research?
- 7. Discuss the psychological effects of chronic illness.
- 8. Evaluate the impact of lifestyle diseases on public health.
- 9. How does healthcare disparity affect communities?
- 10. Analyze the challenges of healthcare in rural areas.

## **C2**

- 1. Examine the global implications of antibiotic resistance.
- 2. Debate the ethical considerations of euthanasia.
- 3. Analyze the socio-political aspects of healthcare systems.
- 4. Evaluate the long-term impact of mental health disorders.
- 5. Discuss the interplay between genetics and environment in health.
- 6. Evaluate strategies for global health crisis management.
- 7. Analyze the impact of healthcare policies on minority groups.
- 8. Discuss the role of AI and robotics in healthcare.
- 9. Evaluate the challenges of healthcare in war zones.
- 10. Examine the effect of climate change on global health.