

GOALS

DISCUSSION QUESTIONS



A2

1. What is your goal for this year?
2. How do you plan to reach your goals?
3. Who helps you with your goals?
4. What is a goal you recently achieved?
5. How do you celebrate achieving a goal?
6. What is a difficult goal for you?
7. Do you have a goal for learning English?
8. What are some common goals in your country?
9. How do you feel when you reach a goal?
10. What goals do you have for school or work?
11. Who is your role model for achieving goals?
12. How do you stay motivated?
13. What is a fun goal you have?
14. How do you choose your goals?
15. Do you write down your goals?
16. What is a goal you have for your family?
17. How do you feel if you don't reach a goal?
18. What goals do you have for next year?
19. Do you have a goal for making friends?
20. What is a big goal you dream of achieving?

B1

1. How do goals change as you get older?
2. What is the difference between short-term and long-term goals?
3. How can goals improve your life?
4. What are some challenges in achieving goals?
5. How do you handle setbacks in reaching goals?
6. What are some goals for personal development?
7. How do you balance different goals?
8. What are effective ways to track your goals?
9. How do goals influence decision-making?
10. How do you prioritize your goals?
11. What are some health-related goals you have?
12. How do goals contribute to success?
13. What is a goal you have for improving your community?
14. How do goals affect your confidence?
15. What is an ambitious goal you have?
16. How do you support others in their goals?
17. What role does planning play in achieving goals?
18. How do you celebrate others' achievements?
19. What are some goals in your professional life?
20. How do you stay focused on your goals?

B2

1. Discuss the importance of setting realistic goals.
2. How do cultural values influence personal goals?
3. Analyze the relationship between goals and motivation.
4. How do goals affect mental health?
5. Discuss the impact of technology on goal setting and achievement.
6. How do group goals differ from individual goals?
7. What are the benefits of having a mentor for goal achievement?
8. How do you reassess and adjust your goals?
9. Discuss the role of discipline in achieving goals.
10. How can failure in reaching a goal be constructive?
11. What are the ethical considerations in goal setting?
12. How do societal expectations shape personal goals?
13. Discuss the importance of self-reflection in goal setting.
14. How do goals evolve with life changes?
15. What are the challenges of setting goals in uncertain times?
16. Discuss the role of goal-setting in leadership.
17. How do environmental factors affect goal achievement?
18. What are innovative ways to achieve goals?
19. How can goal setting improve teamwork?
20. Discuss the balance between ambition and well-being in goal setting.

C1

1. Critically analyze the concept of SMART goals.
2. Discuss the psychological aspects of goal-setting theories.
3. Evaluate the impact of social media on personal goal setting.
4. Analyze the role of goal setting in professional development.
5. Discuss the interplay between personal values and goal setting.
6. Evaluate the impact of globalization on career goals.
7. Analyze the influence of economic factors on goal setting.
8. Discuss the challenges of goal setting in a fast-paced world.
9. Evaluate the role of resilience in achieving challenging goals.
10. Analyze the effect of cultural differences on goal perception.

C2

1. Critique the notion of goal obsession in contemporary society.
2. Analyze the implications of goal-setting in cross-cultural contexts.
3. Discuss the philosophical aspects of goal setting and purpose.
4. Evaluate the long-term effects of goal-driven education systems.
5. Analyze the impact of societal pressures on individual goal setting.
6. Discuss the role of introspection in setting meaningful goals.
7. Evaluate the influence of technology on the nature of career goals.
8. Analyze the relationship between goal setting and life satisfaction.
9. Discuss the impact of economic changes on generational goal shifts.
10. Analyze the psychological impact of unattainable goals.