

EMOTIONS

DISCUSSION QUESTIONS



A2

1. Can you name five different emotions?
2. How do you feel when you are happy?
3. What makes you sad?
4. How does your face look when you are angry?
5. What do you do when you feel scared?
6. How do you show someone you love them?
7. What makes you laugh?
8. How do you feel on your birthday?
9. Who makes you feel safe?
10. What do you do when you feel bored?
11. Can you describe how you feel when you are surprised?
12. How do you feel when you get a good grade?
13. What makes you feel proud of yourself?
14. How do you act when you are excited?
15. What do you do when you feel tired?
16. How do you feel when you see your best friend?
17. What makes you feel relaxed?
18. How do you feel when you help someone?
19. What things make you feel nervous?
20. How do you feel when you go to bed?

B1

1. Why are emotions important?
2. How do different people show their emotions?
3. What can you do when you feel angry?
4. How do emotions affect your day?
5. Why do people sometimes hide their emotions?
6. How can you tell how someone else is feeling?
7. What are some ways to express love?
8. How do emotions change as we grow up?
9. Can music change how you feel?
10. How do you deal with difficult emotions?
11. Why is it good to talk about your feelings?
12. How do emotions affect relationships?
13. Can you control your emotions? How?
14. How does exercise affect your emotions?
15. What are some healthy ways to express your emotions?
16. How do different cultures express emotions?
17. What is your happiest memory?
18. How do movies and books make you feel?
19. Can animals have emotions?
20. How do you feel when you are with your family?

B2

1. Discuss how emotions can impact decision-making.
2. Can you describe the connection between emotions and mental health?
3. How can understanding emotions improve communication?
4. Discuss the role of empathy in understanding others' emotions.
5. Can people experience multiple emotions at once?
6. How does stress affect emotional well-being?
7. Discuss how language can influence the expression of emotions.
8. How do social media platforms affect emotional expression?
9. Can you explain the concept of emotional intelligence?
10. How do cultural norms influence the expression of emotions?
11. Discuss the impact of positive thinking on emotions.
12. How can art and creativity help in expressing emotions?
13. What is the role of emotions in personal growth?
14. How do hormones affect emotions?
15. Can you discuss the relationship between physical health and emotions?
16. How do societal expectations shape emotional responses?
17. What are the long-term effects of suppressing emotions?
18. Can you discuss the psychology of happiness?
19. How do childhood experiences affect emotional development?
20. Discuss the ethics of manipulating emotions in advertising.

C1

1. Analyze the role of emotions in human behavior.
2. Discuss the concept of emotional resilience.
3. Evaluate the effectiveness of different therapies in managing emotions.
4. Can you explore the biological basis of emotions?
5. Analyze the impact of cultural diversity on emotional expression.
6. Discuss the role of emotions in leadership and management.
7. Evaluate the relationship between creativity and emotional states.
8. Can you explore the impact of technology on emotional health?
9. Analyze the influence of family dynamics on emotional development.
10. Discuss the role of emotions in conflict resolution.

C2

1. Critique the concept of universal emotions across cultures.
2. Discuss the philosophical implications of emotional experience.
3. Evaluate the impact of globalization on emotional expression.
4. Analyze the role of emotions in moral and ethical judgment.
5. Discuss the intersection of emotions and cognitive processes.
6. Evaluate the impact of digital communication on emotional literacy.
7. Analyze the role of emotions in shaping societal trends.
8. Discuss the implications of AI in understanding human emotions.
9. Evaluate the role of emotions in artistic and literary interpretation.
10. Analyze the influence of socio-economic factors on emotional well-being.