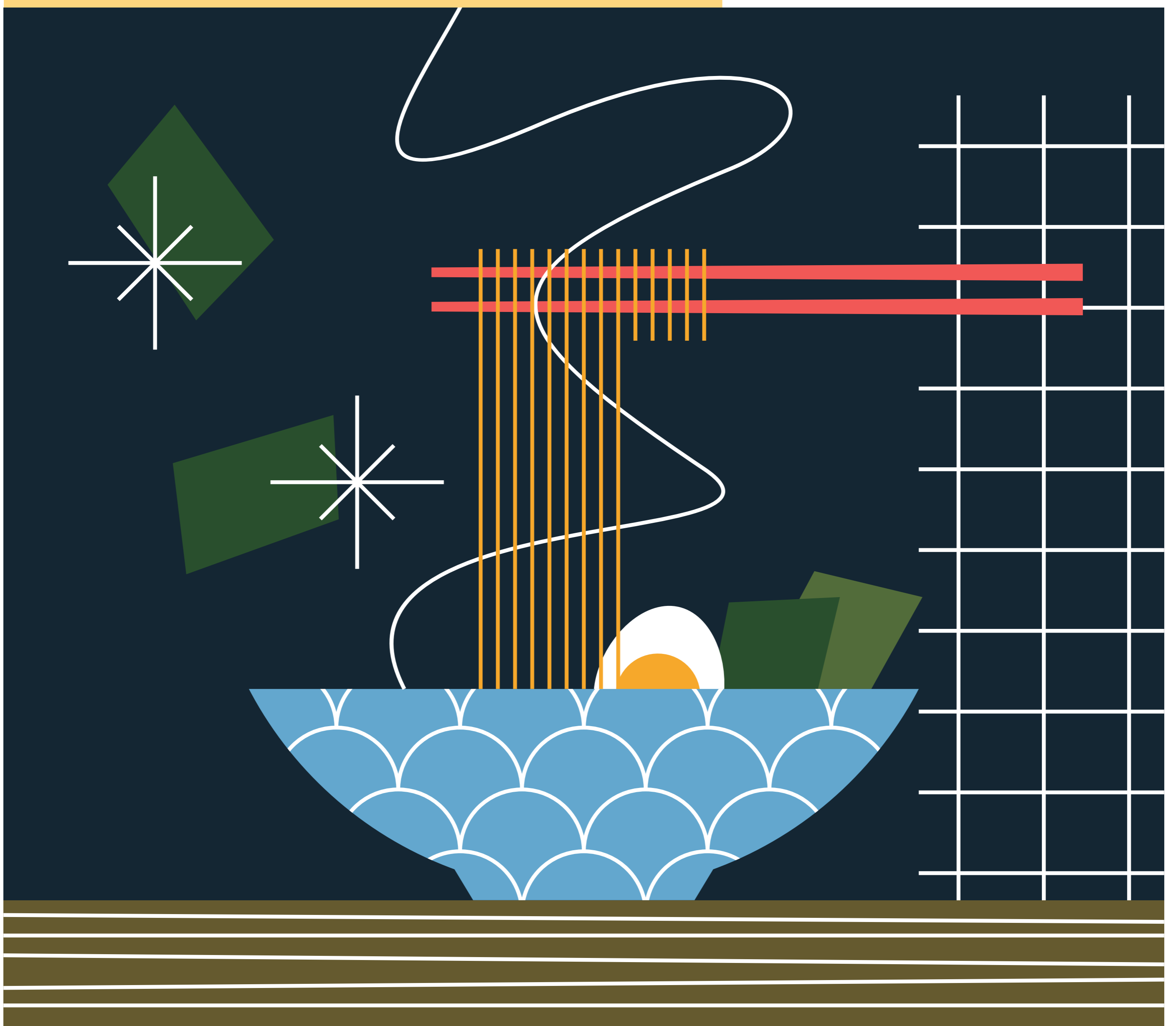


# EATING

## DISCUSSION QUESTIONS



# A2

1. What is your favorite food?
2. Do you like to cook?
3. What did you eat for breakfast today?
4. Can you name three fruits?
5. Do you prefer sweet or salty food?
6. Who cooks in your family?
7. What is a popular dish in your country?
8. Do you like to eat vegetables?
9. How often do you eat out?
10. What is your favorite drink?
11. Can you set a table for dinner?
12. Do you have snacks between meals?
13. What food do you not like?
14. Can you name three types of meat?
15. What do you eat on special occasions?
16. Do you like spicy food?
17. What do you eat for lunch at school or work?
18. Can you make a sandwich?
19. What is the most unusual food you have tried?
20. Do you like to try new foods?

# B1

1. Why is it important to eat healthy food?
2. How do food customs differ in other countries?
3. Can you describe a traditional meal from your culture?
4. What are some ways to make cooking fun?
5. How do you choose a restaurant?
6. What is a vegetarian diet?
7. How does food bring people together?
8. Do you think fast food is good or bad? Why?
9. How can we reduce food waste?
10. What are the benefits of drinking water?
11. How do you feel about organic food?
12. Can you describe your favorite dessert?
13. What is the difference between homemade food and restaurant food?
14. How can you eat healthily on a budget?
15. What is your country's national dish?
16. How do food allergies affect eating habits?
17. What is your opinion on genetically modified food?
18. How has your diet changed as you've grown older?
19. What is the role of food in your culture's festivals?
20. How do you think the climate affects the food in a region?

# B2

1. Discuss the impact of diet on health.
2. How do cultural beliefs influence eating habits?
3. What are the pros and cons of a vegan diet?
4. How has globalization affected eating habits?
5. Can you compare traditional and modern eating habits?
6. What are the environmental impacts of food production?
7. How do social media influence food trends?
8. Discuss the concept of “food as medicine.”
9. How do economic factors affect people’s diets?
10. What is the future of food technology?
11. How do eating habits change with seasons?
12. Discuss the role of ethics in eating choices.
13. How does food play a role in identity and heritage?
14. What are the challenges of maintaining a balanced diet?
15. How do food preferences differ across generations?
16. What is the impact of tourism on local cuisines?
17. Discuss the relationship between food and mood.
18. How do eating disorders affect health and lifestyle?
19. What are the benefits and challenges of dietary restrictions?
20. How can we promote sustainable eating practices?

# C1

1. Analyze the sociopolitical implications of food scarcity.
2. Discuss the role of culinary arts in cultural expression.
3. Evaluate the impact of agricultural policies on food quality.
4. Can you explore the relationship between food and globalization?
5. Analyze the psychological aspects of eating behaviors.
6. Discuss the evolution of dietary guidelines over time.
7. Evaluate the role of technology in food safety and distribution.
8. Can you explore the interplay between nutrition and chronic diseases?
9. Analyze the cultural significance of food rituals.
10. Discuss the impact of climate change on food security.

# C2

1. Critique the role of huge corporations in shaping global eating habits.
2. Discuss the philosophical aspects of ethical eating.
3. Evaluate the impact of urbanization on traditional food practices.
4. Analyze the relationship between food, power, and politics.
5. Discuss the intersection of gastronomy and sustainability.
6. Evaluate the cultural implications of food assimilation and appropriation.
7. Analyze the dynamics of food marketing and consumer behavior.
8. Discuss the implications of biotechnology in food production.
9. Evaluate the role of food in shaping national identity.
10. Analyze the future trends in food consumption and production.